

You will need:

- hair elastics- black or a colour close to your hair colour
 - hair nets- as closely matched to hair colour as possible – Please- not crocheted hair nets for recital unless indicated by your teacher
 - bobby pins- shaped like this:
 - Hair gel
 - Hair spray
 - hair brush
 - fine tooth comb
- **all items can be purchased at the drug store****

To Start:

It is best to start the pony tail when the hair is already wet.

1. brush hair into a loose pony tail
2. work hair gel through the front to hair
3. use comb to pull hair into a tight ponytail, with no hair bubbles
4. refasten hair elastic securely
5. ensure that all hair at the bottom of the ponytail is well secured
6. HAIRSPRAY, HAIRSPRAY, HAIRSPRAY!

For thin hair:

1. tease hair until there is a large amount to work with
2. put hair net over whole shape
3. use bobbypins to secure hair in a bun shape to the head
4. use bobbypins to shape the hair into a round shape

This method allows students with thin hair to have a nice puffy ballet bun.

For thick, long hair:

****** For very heavy thick hair, you may want to invest in some heavy duty bobbypins. There are a variety of options at the drugstore or at the local dance supply store.

1. divide hair into 3 sections
2. twist sections around your finger and then around the pony tail, securing with bobbypins as you go.
3. put hair net over whole bun
4. make sure bun is securely fastened to head
5. shape any loose bits with smaller bobbypins

For short hair:

If hair cannot fit into a pony tail:

1. wet hair
2. work in LOTS of gel into the hair
3. use comb to part hair and comb away from face and behind ears
4. if teacher has provided a head band, put head band in
5. If no headband is provided use interlocking bobbypins to secure hair away from face interlocking bobbypins shaped like this:
6. HAIRSPRAY, HAIRSPRAY, HAIRSPRAY!

****** A good alternative to interlocking bobbypins are hair clips. Buy silver ones and cover them with nail polish as closely matched to hair colour as possible and they will not catch the light on stage- no bright colours please